

County of Riverside

HHPWS

Housing, Homelessness Prevention and Workforce Solutions



“Veteran Services”

Multidisciplinary Approaches to End Homelessness

A Continuum of Care Division Webinar Series

Please sign in by typing your full name, title, and organization into the webinar chat box.

About the Webinar Series

Purpose

These webinars provide an opportunity to engage with local and regional experts on best practices, advocacy tools and resources available to prevent and end homelessness in Riverside County.

Recorded Webinars

After the live webinar has taken place, the recording will be added to our website.

Upcoming Webinars

We are working on securing speakers for future webinars and would love to feature you or your agency.

Email CoC@rivco.org if interested.

Agenda for Today

10:00 – 10:05 AM

Welcome

**HHPWS – Continuum of Care
Staff: Tanya Torno, CoC Director**

10:05 – 10:30 AM

**Veteran's Administration (VA)
Loma Linda**

**Don Sutton,
Transition Patient Advocate**

10:30 – 10:55 AM

Lighthouse Social Service Centers

**Nina Peppers,
Housing Navigator / Outreach**

10:55 – 11:20 AM

US Vets

**Dr. Seleste Bowers,
Director of Behavioral Health**

11:20 – 11:30 AM

Q&A: Please type your questions in the chat box. We will answer as many questions as possible at the end of the webinar.

Please sign in by typing your full name, title, and organization into the webinar chat box.



U.S. Department
of Veterans Affairs

Don Sutton

VA Loma Linda Medical Center

Transition Patient Advocate

909-825-7084

Military Discharge Types Defined

- Honorable Discharge
- General Discharge – Under Honorable Conditions
- Other Than Honorable Discharge
- Bad Conduct Discharge
- Dishonorable Discharge
- Uncharacterized Discharge



Questions?



A photograph of a smiling African American family. On the left, a man with a mustache is smiling. In the center, a young girl is smiling. On the right, a woman in a blue military uniform and cap is smiling broadly. The background is a soft-focus outdoor setting.

Welcome to Lighthouse Social Service Centers Veteran Programs Overview

Our Mission

Dedicated to enhancing lives and meeting the diverse needs of individuals, families and communities. Through the utilization of comprehensive integrated social service systems, LightHouse supports clients in breaking the cycle of homelessness, works to keep families together and strives to build strong healthy communities.



VETERANS

AND THOSE

AT RISK

OUR VETERAN PROGRAMS

Supportive Services for Veteran Families (SSVF) Program

The SSVF program assists Veteran Families who are homeless or are at significant risk of homelessness end their housing crisis and stabilize in permanent housing. There are two primary forms of assistance:

Homelessness Prevention Services – Homelessness prevention assistance is intended for eligible Veteran families who are imminently at-risk of becoming literally homeless.

Rapid Re-Housing Services – Rapid re-housing assistance is intended for eligible Veteran families who are literally homeless and may remain literally homeless but for SSVF assistance.

The SSVF Program focuses on securing and maintaining housing for Veterans and their families who are currently homeless or would be homeless without this assistance. The program provides case management, temporary financial assistance, and supportive services to help individuals and families gain housing stability and end their homelessness.

Supportive Services for Veteran Families (SSVF) Program cont.

Target Population:

- ***SSVF services are provided to Veteran Families residing in the counties of San Bernardino and Riverside.***

Program Goal:

- ***The goal is for Veterans in the SSVF program to remain stably housed after the SSVF temporary assistance ends.***

SSVF Services:

- ***Services offered include, Outreach, Case Management, Assistance obtaining VA and public benefits and Limited Temporary financial assistance, which includes:***
- ***Intensive Case management***
- ***Rental assistance***
- ***Utility-fee payment assistance***
- ***Housing location assistance***
- ***Moving assistance***

Grant & Per Diem (GPD) Transitional Living Program

The LightHouse GPD Transitional Living Program provides comprehensive transitional living services in a drug and alcohol free, peer-oriented, supportive environment. Transitional living services can be provided to 12 veterans at any given time. The program is conducive to establishing and maintaining physical and mental health stability and ensuring resident safety and care. Our transitional living program is housed in a 4-unit apartment building located in Moreno Valley, Ca. Each apartment has two bedrooms and two bathrooms. There is a large living room area and eat-in kitchen in each apartment. The separate apartment living arrangement allows for a home environment that each veteran is responsible for maintaining. Four residents share an apartment and are responsible for cooking, cleaning and maintaining their community unit.

One apartment houses the agency reception area, staff office and group services area. The facility is in walking distance from public transportation, shopping, and community amenities. LightHouse also provides transportation to assist veteran residents with getting to VA appointments, job interviews and other community resources.

Grant & Per Diem (GPD) Transitional Living Program cont.

Target Population:

- ***Homeless male veterans who are living with a mental illness or mental health issue. Services are provided to both Riverside and San Bernardino Counties, VISN 21; Loma Linda VA Medical Center catchment area.***

Program Goal:

- ***The goals of the Transitional Living Program are three-fold: residential stability of participants; increased skills and income levels of participants; and greater self-determination of participants.***

GPD Services:

- ***Comprehensive Transitional Living Services***
- ***On-Site Intensive Case Management Services***
- ***On-Site Group Experiences***
- ***A Drug and Alcohol-Free Environment***
- ***Services to Veterans with Mental Illness***
- ***Vocational and Employment Support Services***
- ***Life Skills Development***
- ***A Peer-Oriented Supportive Environment***
- ***Medical and Mental Health Services Provided Through the Loma Linda VA Medical Center***



Hope for Heroes I & II Permanent Supportive Housing (PSH) Program

The Hope for Heroes I & II Permanent Supportive Housing Program assists homeless disabled Veterans and their families break the cycle of poverty and homelessness. The Hope for Heroes PSH program is committed to working with our veteran heroes to secure permanent stable housing. The program provides one and two bedroom fully furnished apartments located in San Bernardino County.

Hope for Heroes I & II Permanent Supportive Housing (PSH) Program

Target Population:

- ***The Hope for Heroes Program serves disabled Veterans residing in the counties of San Bernardino and Riverside within the Loma Linda VA Medical Center catchment area. The annual income of the Veteran Family may not exceed 50% of area median income.***
- ***The Hope For Heroes II Program serves an additional eleven Veteran-eligible households who are honorably discharged and with an adult household member diagnosed as disabled. Their primary source of income, if any, could include entitlement benefits, SSI, SSDI, General Relief, Veterans Benefits, or employment income.***

Program Goal:

- ***The goal of the Hope for Heroes PSH program is to provide on-going supportive services, including case management services as well as provide permanent stable housing.***

Hope for Heroes PSH Services:

- ***Permanent Stable Housing***
- ***On-going Case Management Services***
- ***Supportive Services***
- ***Basic Needs Assistance***
- ***Linkage to the Loma Linda VA Medical Center, Education, Vocational and Family Support Services.***

STAFF CONTACT INFORMATION

Karyn Young-Lowe

President & CEO

KarynYL@LightHouse-ssc.org

Supportive Services for Veteran Families (SSVF)

Susan Kershner – Program Manager

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Rolesha Anderson - Intake Specialist (San Bernardino County)

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Alicia Lucero - Intake Specialist (Riverside County)

AliciaL@LightHouse-ssc.org

Hope for Heroes I&II (PSH) Program and Grant & Per Diem (GPD) Program

Heather Burroughs – Program Manager

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Chase Preciado - Intake Specialist

ChaseP@lighthouse-ssc.org

Office Contact Information

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and

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FAX: (951)963-1277**

Website: <https://lighthouse-ssc.org/>

Our Mission

Dedicated to enhancing lives and meeting the diverse needs of individuals, families and communities. Through the utilization of comprehensive integrated social service systems, LightHouse supports clients in breaking the cycle of homelessness, works to keep families together and strives to build strong healthy communities. Learn more about our programs.

A close-up photograph of a hand holding a pen, poised to sign a document. The background is a blurred American flag. The text "Questions?" is overlaid in the center.

Questions?



*How U.S.VETS is Participating in
Ending Homelessness Amongst the
Veteran Population*

Agenda:

Mission Statement

Program Overview

U.S.VETS-Perspective, theory, and model

- Theory For Practice
- Theory of Practice
- How Was U.S.VETS TOP/TFP created?
- Therapeutic Communities
- Therapeutic Communities in Action

Mission Statement

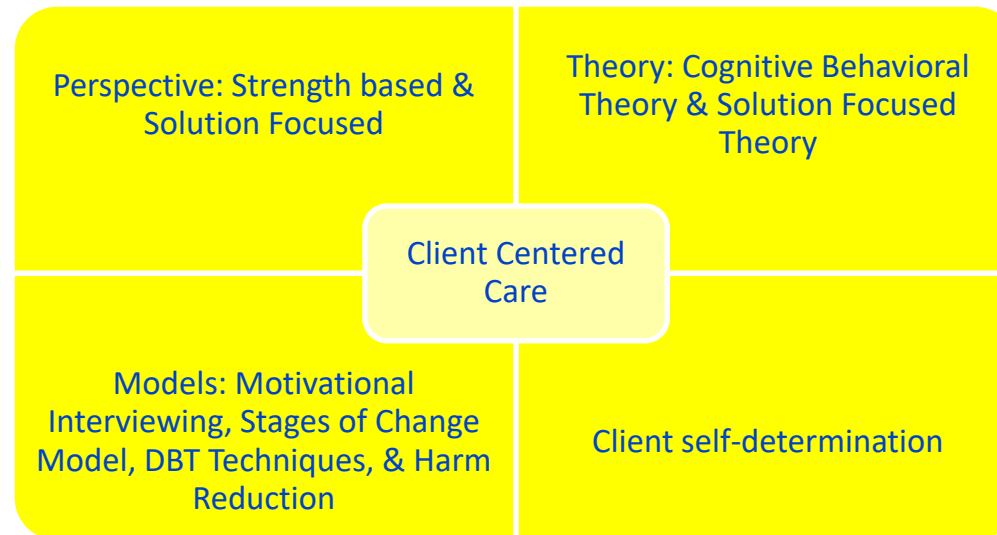
THE SUCCESSFUL TRANSITION OF MILITARY VETERANS AND THEIR FAMILIES THROUGH THE PROVISION OF HOUSING, COUNSELING, CAREER DEVELOPMENT, AND COMPREHENSIVE SUPPORT.

Programs Overview

- Housing
 - Supportive Permanent Housing
 - Transitional Housing
 - Long Term Supportive Housing-March Veterans Village
 - Emergency Shelter
- Counseling
- Case Management
 - Individualized Employment and Housing plans, goals, advocacy, benefit assistance and community resource referral.
 - Career Services
 - Classes and Groups
- Supportive Services for Veterans and Families
- Work Force

Clinical Overview

- Each program follows the U.S.VETS Theory for Practice and Theory of Practice. These are aligning theories on the standard of care and engagement of our veterans we serve.



How We DO It!

Just as important as what we do is HOW we do it.

U.S.VETS operates clinical services around the principles of :

1. Housing First
 1. Housing is a right not a privilege.
2. Client Centered Care
 1. Using client's strengths, principles of empowerment, self-determination, and collaboration

Theory For Practice

- Used as assessment, to set goals, and used to set interventions
- **U.S.VETS TFP:** U.S.VETS embraces a **Trauma Informed Care approach** in working with veterans and their families. Through that lens, U.S.VETS utilizes **Cognitive Behavioral Theory and Solution-Focused Theory** by incorporating the assessments, goals and interventions provided by these theoretical practices.

Theory Of Practice

- Broader in conclusion
- More philosophical in nature
- **U.S.VETS TOP:** U.S.VETS theory of practice is a strengths-based model that includes **Motivational Interviewing**, the **Stages of Change** model, **Dialectical Behavioral** techniques, and **Harm Reduction** techniques. These practices provide an opportunity for staff, veterans and their families, and community agencies to participate in a collaborative and respectful partnership.

How Was U.S.VETS TOP & TFP Created?

- Multidisciplinary National clinical team deliberation
- Discussion regarding type of theory we operate from – Strengths Based, Cognitive Behavioral, Systems, etc.
- Updated once in 2017 to include the Trauma Informed Care approach along with some of the original ideas for the TOP and TFP
- U.S.VETS believed it needed a statement that identifies what the bases of our clinical practices is founded on and grounded in

Therapeutic Communities

- Therapeutic Community (TC) treatment offers a radically different group-based approach for personality disorders and clients participating in our back to work program.
- Its principles can be applied to the therapeutic care of a wide range of patient groups in different settings, including the outside community.
- The TC embraces a set of methods which aim to treat people dealing with emotional disturbance, substance abuse issues and anxiety surrounding successful reintegration back into the community

Therapeutic Community In Action

- Veterans operate the daily functions of the site.
- Veterans implement the rules and structure with other veterans.
- Everyone plays a role in the community.
- Staff facilitates the change the veteran is willing and wants to make
- Veteran Council

Questions?



Questions and Comments



Next Webinar: Breaking Down Re-Entry Barriers
on
June 24, 2021, at 2:00 p.m.